

Interview with Anne Lyddiatt

Anne Lyddiatt is the Chair of OSSU's Patient Partnership Advisory Working Group (PPAWG) - a patient-led and patient-driven working group supporting patient partnership at OSSU.

We sat down with Anne recently to hear her views on partnering with patients in health research.



How did you come to realize that patients can contribute to improving health care; theirs as well as the health of other Ontarians?

When you are on the receiving end of care you look at things from a very different perspective and often your priorities change. Not always, but at times, patients are in a position to suggest new ways to deliver care and new areas to research that can be more efficient and cost-effective. And while patients obviously need care and instructions from their providers, at times they (patients) can be very effective at educating and encouraging other patients to adhere to their care plan - peer to peer support/mentoring works in health care as well as in business and industry.

How has patient engagement in health research impacted health research?

I think it has given both patients and researchers a much better understanding of the issues and challenges each faces. If you have never done research and all you as a patient want is results, it can be difficult and frustrating to understand why things take so long and cost so much. And the reverse is also true - if your illness experience has been an occasional cold or bout of flu, it is very difficult to imagine dealing with some physical and/or mental restrictions every day of your life. I think patients have let researchers know that while we all want a cure for whatever disease we have, we realize the magnitude of that and have let them know we appreciate every step forward no matter how small. Researchers have learned that patients do look at the big picture but their focus is on the day-to-day - little things that researchers haven't thought of because they don't have to deal with them. It has definitely engendered a respect for each other. On a practical side, patients understand and support the need for funding.

What is the future for patient engagement in health research?

I think having patient input in research, right from the beginning when the idea is first verbalized through to having the results known and implemented by practitioners and patients, is the future. I look forward to the day when there is no longer a reference to the "ivory tower" - we all collaborate.

Anne Lyddiatt is a retired nurse and has been an active volunteer for many years. She leads the Patient Partners in Arthritis program, a national program training medical students, residents and health care professionals within the medical school curriculum and continuing medical education events in MSK examination skills. She has been involved with SPOR for many years as a member of the SPOR National Steering Committee, and in 2016 took the Chair role for the OSSU Patient Partnership Advisory Working Group.

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Dr. Nav Persaud named one of Canada's Top 40 Under 40

Dr. Nav Persaud, one of OSSU's IMPACT Award winners and a champion for patient-oriented research, has been rewarded for his impressive portfolio of research by being named one of Canada's [Top 40 Under 40™](#) - an annual recognition of the exceptional achievements of 40 outstanding Canadians under the age of 40.

Dr. Persaud, a staff physician at the Department of Family and Community Medicine at St. Michael's Hospital, co-leads the OSSU IMPACT Award '[CLEAN-Meds](#)' - a study investigating the impact of providing essential medicines to patients at no charge. His other work includes: access to pharmaceutical drug trial data to improve care; and research on universal drug coverage and a national formulary to improve health outcomes and reduce costs.

This year's *Top 40 Under 40* will be honoured at a Gala Dinner in November in Toronto.



Ottawa Hospital patients partnering for research

The Ottawa Methods Centre (OMC) recently announced a new collaboration with The Ottawa Hospital Patient and Family Advisory Council (TOH-PFAC) to support patient-oriented research (POR). Inspired by a 2016 meeting regarding the role of patients in research, the TOH-PFAC expanded its mandate to include engaging patients in research. A top priority for the collaboration moving forward is to bridge the gap between local research teams looking to engage patients in their research and the supports available through the Ottawa Hospital and the Ottawa Hospital Research Institute. This partnership will position OMC as a top research methods services provider with a permanent pool of experienced patients to support POR.

Capacity building highlights for October 2017

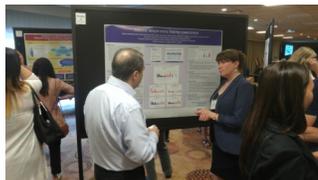
OSSU is proud to be associated with two new training events this fall—both capturing different components of POR.

EQUATOR Publication School: In association with the University of Toronto, Ontario Child Health SUPPORT Unit, St. Michael's Hospital and the Ontario Ministry of Health and Long Term Care, OSSU is co-sponsoring a new course on the principles and practice of publication science (Journalology). Find out more at <http://www.cvent.com/d/65qcb0>.

Reflect 2017-A Collaborative Research Institute in Suicide Prevention: Linked to an OSSU IMPACT Award, Reflect 2017 is a three-day event that will provide people with lived experience, researchers, clinicians, trainees and policy makers with a chance to learn more about patient-oriented research in suicide prevention. Find out more at www.hatchingideashub.com/reflect-2017

Trillium Primary Health Care Research Day

The INSPIRE-PHC Program hosted a successful Trillium Primary Health Care Research Day in May. There were 115 participants, 58 (poster and oral) research presentations from PHC researchers across the province, a distinguished lecture, keynote panel (including patient representation) and 2 workshops. The “Building Patient Engagement in your Research Proposal – The role of the patient partner across the research cycle” workshop, was co-created and co-facilitated by a patient advisor. For more details, see www.trilliumresearchday.com.



Showcasing the next generation of POR researchers

OSSU co-hosted a sub-plenary session at the 2017 CAHSR conference. The session, “Learning with Patients: Research Trainees and Early Career Investigators Engaging Patients in Health Services Research”, featured presentations by trainees and early career investigators conducting POR; a response panel of OSSU POR Centre representatives; and Q&A with patients, researchers and other session attendees. While showcasing early career researchers, the session also provided advice on expanding POR activities using OSSU resources.

In brief

OSSU Outreach Meeting – Western University: OSSU held its third outreach meeting at Western University in May. The meeting highlighted supports available through OSSU Centres, as well as examples of the excellent research underway at INSPIRE-PHC and Western. Over 50 participants attended the interactive presentation and networking session.



Patient-Oriented Health Human Resources (PO-HHR) Research: OSSU recently sponsored two workshops in Hamilton and Thunder Bay to explore building capacity and supporting research in PO-HHR. The two meetings (Chaired by Dr. Art Sweetman and Dr. Penny Moody-Corbett respectively) engaged researchers, health system decision makers and patients. OSSU will develop a workshop summary report containing recommendations for PO-HHR in Ontario.

International Health Conference: In July, OSSU Assistant Director Eddy Nason presented at the third International Health Conference held at Oxford University (UK). He presented on OSSU's role in culture change for the Ontario health research system to align it with POR principles, research impacts and setting the evidence base for a patient-centric evidence informed health system.

UPCOMING EVENTS

- Oct 1-3 Reflect 2017**
Innovation Centre (Bayview Yards), Ottawa
- Oct 3 ICES 25th Anniversary Research Day**
Chestnut Conference Centre, Toronto
- Oct 5-6 EQUATOR Publication School**
Peter Gilgan Centre for Research & Learning, Toronto
- Oct 16-17 KT Basics Course**
Li Ka Shing Knowledge Institute, St. Michael's Hospital, Toronto
- Nov 6-8 Masterclass in POR**
Ivey Tangerine Leadership Centre, Toronto

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