

**Ontario SPOR SUPPORT Unit (OSSU)  
EMPOWER Award Workplan Instructions**

**EMPOWER Award project title:**

*Indicate the title of your proposed EMPOWER Award here.*

**Leadership/co-Leadership:**

*Indicate the name and relevant affiliations of the scientific leads (or co-leads) for the EMPOWER Award. Also include the names of other researchers/patients/health professionals/decision makers/other stakeholders directly involved in the EMPOWER Award.*

**Background:** (1 page max)

*Provide a brief background of the patient oriented research project that underpins this EMPOWER Award application. The background should include the aims, methods and findings of the prior project, as well as a short (1 paragraph) testimonial from a patient partner on the project that focuses on how patients partnered in the work.*

**Objectives:** (0.5 pages max)

*Describe the objectives of the proposed EMPOWER Award to be achieved with OSSU funding. The objectives relate to the specific goals of the Strategy for Patient-Oriented Research (SPOR).<sup>1</sup>*

**Work Plan:** (1.5 pages max)

*Describe the activities and their intended outputs to be undertaken in the EMPOWER Award for each objective stated above. Identify who will lead and the overall cost of each activity.*

**Milestones and Deliverables:** (tabular format preferred)

*Describe the milestones and deliverables for each objective stated above to be achieved during the 6-month funding period.*

**Budget Justification:** (0.5 pages)

*Describe the costs to be incurred by the proposed project for each line in the Budget Template.*

**Personnel Services**

- *Management/Administration (e.g., Research Support/KTE Personnel)*
- *Scientists/Specialists (working directly on SPOR initiatives)*
- *Trainees (working directly on SPOR initiatives)*
- *Other compensation costs (e.g., contractors, honoraria)*

**Supplies, Materials & Services**

- *Stakeholder engagements (e.g., academic conferences, workshops, etc)*
- *Communication & marketing*
- *Information Technology*
- *Equipment*
- *Other*

**Travel - within Canada**

**Travel - international**

**Other**

- *Meetings (e.g., governance, public consultations, round tables, etc)*
- *Other*

---

<sup>1</sup> <http://www.cihr-irsc.gc.ca/e/44000.html>